

Warning Signs



Of Teen Suicide

- Disinterest in favorite activities
- Substance abuse ... including legal drugs
- Withdrawing from friends and family
- Preoccupation with death
- Changes in eating and sleeping habits
- Neglect of hygiene and personal appearance
- Physical complaints such as aches, fatigue or migraines
- Difficulty concentrating and paying attention
- Declining grades
- Risk taking behaviors
- More frequent complaints about boredom
- Doesn't respond to praise
- Abrupt changes in personality
- Gives away possessions
- Depression

